

## Canada: Unauthorized workout supplements may pose serious health risks: Update

Health Canada is advising about unauthorized workout products that may pose serious health risks. The products are labelled to contain or have been tested and found to contain dangerous ingredients. Health Canada updates the table below when it finds unauthorized health products promoted as a workout aid.

The unauthorized products added are:

Product	Hazard Identified	Company
Advanced Research Andarine 50mg/mL	Labelled to contain andarine	Quad Inc. Beloeil, QC
Advanced Research Cardarine 10mg/mL	Labelled to contain Cardarine	
Advanced Research Ibutamoren 15mg/mL and 25mg/mL	Labelled to contain ibutamoren	
Advanced Research Ligandrol 5mg/mL and 10mg/mL	Labelled to contain ligandrol	
Advanced Research Ostarine 10mg/mL and 20mg/mL	Labelled to contain ostarine	
Advanced Research Stenabolic 10mg/mL and 20mg/mL	Labelled to contain stenabolic	
Advanced Research Testolone 10mg/mL and 20mg/mL	Labelled to contain testolone	
Quadragen Andarine 50mg/mL	Labelled to contain andarine	
Quadragen Ibutamoren 25mg/mL	Labelled to contain ibutamoren	
Quadragen Ligandrol 10mg/mL	Labelled to contain ligandrol	
Quadragen Stenabolic 20mg/mL	Labelled to contain stenabolic	
Quadragen Testolone 20mg/mL	Labelled to contain testolone	

Consumers are advised to stop using these products and consult their healthcare professional if they have used these products and have health concerns.

Please refer to the following website in Health Canada for details:

<http://recalls-rappels.canada.ca/en/alert-recall/unauthorized-workout-supplements-may-pose-serious-health-risks#wb-auto-36>

In Hong Kong, the above products are not registered pharmaceutical products. Related news was previously issued by Health Canada, and was posted on the Drug Office website since 23 Mar 2023,

with the latest update posted on 14 Dec 2023.

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